



Fall Class Schedule



Effective 9/5/2017

<p>Monday:</p> <p>4:15-5:00pm All 9-12 Year olds 5:00-5:45pm All 7 & 8 year olds 6:00-7:30pm Adult class</p>	<p>Tuesday:</p> <p>9:30-10:30am Yoga 10:30-11:30am Adult class 4:15-5:00pm 7 & 8 Year olds 5:00-5:45pm 4-6 years old 5:45-6:30pm 9-12 years old 6:30-7:30pm Adult class</p>	<p>Wednesday:</p> <p>3:00-4:00pm Middle School 4:15-5:00pm 4-6 year olds 5:00-5:45pm 7 & 8 year olds 6:00-7:00pm Adult class</p>
<p>Thursday:</p> <p>4:15-5:00pm All 4-6 year olds 5:00-5:45pm All 7-8 year olds 5:45-6:30pm All 9-12 year olds 6:30-7:30pm Teen class ages 13-15 yrs 6:30-7:30pm Yoga 7:30-8:30pm Adult Brown & Black belt (14 years old and up)</p>	<p>Friday:</p> <p>5:30-7:00pm Adult class</p>	<p>Saturday:</p> <p>8:00-8:45am All 8-12 year olds 8:45-9:30am All 4-7 year olds</p> <p>*Alternating make-up & sparring!</p>